

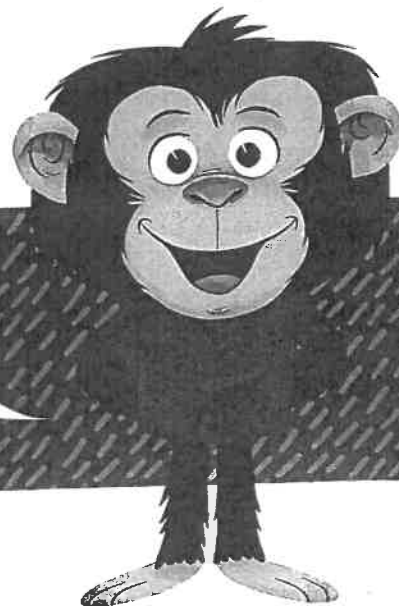
Hello Parents.

This week we are learning about the emotion **loved**.  
A worksheet with my loved emotion has been sent home and has some questions for you and your child to answer together. Please send the worksheet back to school so that at the end of the program your child will have an emotions journal to bring home to share with you.

Thank you so much parents for participating in **The CALM Curriculum**® and bringing me into your homes with your child. I hope the strategies that I left for you will help your child understand their emotions and the emotions of others, provide some tools for coping with stress, and help with problem solving. Melvin and all his friends at the Fraser Valley Child Development Centre wish you all the best! For more information, contact us at [connectwithcalm.ca](http://connectwithcalm.ca).

Thanks for reading.

Melvin 



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**MELVIN** *talks*  
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