



Hello Parents.

This week we are learning about the emotion **lonely**A worksheet with my lonely emotion has been sent home and has some questions for you and your child to answer together.

Please send the worksheet back to school so that at the end of the program your child will have an emotions journal to bring home to share with you.

I am learning that there are times that I can feel lonely even when I am doing an enjoyable activity on my own. I really like it when my friends or family ask if they can join me in the activity, even if it is just for a few minutes at a time.

Thanks for reading

Melvin 💚



