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Name:	

One way to feel good about yourself is to do a thing before someone has to tell you. That means you are a responsible person.

Here are some ideas:

Get your clothes ready for school before you go to bed. Put away your toys before your Mom or Dad tells you. Feed your pet without anyone telling you to do it.

What can you do? Write your own ideas here. Then color the happy face when you do each thing.





Give yourself a pat on the back, a great big hug, a thumbs-up sign, and an A-OK if you do all the things you wrote down.