



Hello Parents.

This week we are learning about the emotion **jealous**.  
A worksheet with my jealous emotion has been sent home and has some questions for you and your child to answer together. Please send the worksheet back to school so that at the end of the program your child will have an emotions journal to bring home to share with you.

At school, we are learning that sometimes, when we are angry, we may be feeling another emotion like jealousy. I know that I feel jealous when I want a game that someone else has, or when one of my friends is good at something that I am not so good at, or even when the younger monkeys get more attention than me. It is helpful for me, if my feelings are validated and together with an adult, we find some positive solutions.

Thanks for reading.

Melvin 



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**MELVIN** talks  
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